# Secure Form Setup Guide

This guide helps you evaluate and secure the contact forms on your website. It's written for decision makers who need practical, non-technical advice.

## Contact Form Security Checklist

* ☐ CAPTCHA, reCAPTCHA, or honeypot anti-spam methods are enabled
* ☐ Input fields are validated both client-side and server-side
* ☐ Website uses HTTPS to encrypt submitted data
* ☐ Form submissions are stored securely and not just forwarded to email
* ☐ Only necessary data is collected—no over-collection of sensitive info
* ☐ Form plugin is reputable and updated regularly
* ☐ Only authorized users can view stored form entries in the admin dashboard
* ☐ Submissions are protected against injection and cross-site scripting (XSS)
* ☐ The form does not expose your organization to email spoofing or abuse

Tip: Even if you use a popular plugin like WPForms or Gravity Forms, don't assume it's secure out of the box. Review your settings carefully.